



## EVOLVE DIRECT PRIMARY CARE MEMBERSHIP AGREEMENT

*Note: Signing this Membership Agreement may alter your legal rights under Maryland Law. Please read entire document carefully before signing.*

I, the undersigned, wish to receive primary care medical services from Evolve Direct Primary Care ("Evolve") and its practitioners (each, a "Practitioner"). A list of the current Practitioners is included at the end of Attachment B. I understand these medical services are offered subject to the following terms and conditions:

1. Effective/Renewal Date. This Patient Agreement (the "Agreement") shall begin on \_\_\_\_\_ (the "Effective Date") and continue as long as I continue paying the Membership Fee described below and subject to termination as described below. This Agreement supersedes any prior Patient Agreement(s) I have signed with Evolve.
2. Enrollment Fee. I understand that I must pay a one-time \$50 (fifty dollar) enrollment fee upon joining Evolve. I also understand that if I cancel my membership and wish to re-enroll, I will have to pay another re-enrollment fee of \$50.00.
3. Services. I understand that **Evolve is not an insurance plan and DOES NOT PROVIDE COMPREHENSIVE HEALTH INSURANCE COVERAGE**, nor is this a contract of insurance. I understand that Evolve will make available: (a) certain medical services as requested by me or as deemed necessary by the Practitioners in accordance with the established standard of care for primary care practitioners; and (b) certain related services (such medical services and related services are referred to in this Agreement collectively as "Services" and described in further detail in Attachment A).
4. Membership Fee. I understand that I must pay a monthly membership fee (the "Membership Fee") in order to receive Services from Evolve. Certain Services are included in the Membership Fee but all other Services I receive from Evolve will be charged separately at the time of service according to Evolve's current Member Fee Schedule. Attachment A lists all Services included in the Membership Fee, all other Services available from Evolve, and Evolve's current Member Fee Schedule. Attachment A also lists the current Membership Fee and describes how payment must be made.
5. Private Contract with Medicare Beneficiaries. If I am a Medicare Part B beneficiary, I also agree to the terms listed in Attachment B and will sign Attachment B in addition to this Agreement to confirm my acceptance of those terms.
6. Non-Participation in Medicare and Private Insurance Plans. I understand that Evolve and the Practitioners do not participate or contract with Medicare or any insurance plans, including,

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but not limited to, Health Maintenance Organizations (HMOs), Point of Service Plans (POSS), Preferred Provider Organizations (PPOs) and Preferred Provider Networks (PPNs), and that all Practitioners are opted out of the Medicare program. I therefore acknowledge that, if Evolve provides Services to me: (a) Evolve, and not Medicare or my insurance plan, will bill me directly for those Services at its applicable rates, (b) payment for such Services is due at the time the services are rendered, and (c) I, instead of Medicare or my insurance plan, will be fully and personally responsible for paying for those Services. I further acknowledge that it is my responsibility to understand the limitations of my insurance coverage and I will not hold Evolve responsible for any denied payment for services by my insurance plan caused by my entering into this Agreement. I understand that I may, at any point, elect to obtain Services from a health care provider who does participate with my insurance plan rather than getting treatment from Evolve, and that if I obtain Services from such other health care provider, more favorable reimbursement may be available to me.

7. Submission of Insurance Claims. I understand that Evolve will NOT submit any claims for Services to my insurance plan on my behalf, and that I am solely responsible for submitting such claims if I choose to seek reimbursement from my insurance plan for such Services. I also understand that any reimbursement by my insurance plan will be sent directly to me. If Evolve is mistakenly reimbursed by my insurance plan, then Evolve will return the check to my insurance plan. I understand that my insurance plan may not pay at all for some Services provided by Evolve and may only make a partial payment for other Services provided by Evolve. I further understand that Evolve makes no representations or promises regarding the amount of payment to be received for any claim(s) I may submit to my insurance plan. Medicare and HMOs do NOT permit me to submit claims for Services provided by Evolve, and I agree not to submit a claim for any such services to Medicare or any HMO.

8. Termination of this Agreement.

A. Termination by Patient:

- 1 I understand that I may cancel this Agreement at any time by sending Evolve written notice: (a) stating that I wish to cease using Evolve for my medical services, and (b) requesting that a copy of my medical records be sent to either another physician or directly to me. Please note a minimum of 3 business days processing time is necessary to affect the cancellation.
- 2 I understand that after cancellation, Evolve will no longer be able to prescribe or continue any prescriptions which I may have been receiving on a long-term basis and it is further understood that PRIOR to cancelling my contract, I will establish treatment with and transfer care to my new Primary Care provider.
- 3 Budget billing is our monthly plan. I understand that if I terminate this Agreement within the first six months of membership after utilizing the Services in any way, I will pay Evolve a total of six months of membership fees in addition to any other Services costs. This is because I understand that Evolve does not place limits on the amount of care that I may receive from it per month. Accordingly, I may, based on the status of my health when joining Evolve, receive a multitude of services in a very short period of time. As a result, I understand and agree that it is only fair for Evolve to receive a total of six months of membership fees despite my terminating the contract earlier than six

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months into my membership. Alternatively, I may opt to pay for any services received in the first 6 months based on the current non-member (urgent care) rate.

### B. Termination by Practice:

I understand that Evolve may also terminate this Agreement, as well as the physician-patient relationship with me, upon thirty (30) days' prior written notice if any Membership Fee payment is more than fifteen (15) days late. In such case, Evolve will provide me with information to assist me in finding another primary care physician to take over my care.

9. Membership Fee(s) and Fee Schedule. I understand the current amount of the fee for my monthly Membership will be calculated according to the following age brackets:

#### Member Fee Schedule

Ages:	18-49	\$59.00
	50-64	\$69.00
	65-79	\$79.00
	80 +	\$99.00

#### Children of members

Ages:	6-17	\$19.00
	18-25	\$29.00

I also understand Evolve may change its Member Fee Schedule and the Membership Fee at any time upon ninety (90) days' prior written notice to me.

10. Payment. I understand that payment of my Membership will be automatically deducted from my bank account using the information on file or may be automatically charged to my credit card on file. I agree to sign a credit card authorization (see Attachment C) as part of my enrollment into the Evolve Membership Program, which I understand is required prior to any Services being provided to me. If I decide not to authorize Evolve to debit my bank account or charge my credit card for monthly payments, I agree that I will provide payment for at least six months of Services in advance and prior to any Services being rendered to me. I also agree to continue, throughout my Membership, to pay for Services on the same date each month.

- a. Services automatically renew for your convenience unless termination has been requested.

### 11. Patient Rights and Responsibilities.

- A. I understand that pre-existing medical conditions do not disqualify me from enrolling into Evolve and that I have a right to know my treatment options and actively participate in my healthcare decisions.

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- B. I understand that I have the right to a fair, expedient and objective review of any complaint I may have against Evolve and a Practitioner and that I will submit my concerns, suggestions and patient feedback to [info@emc4me.com](mailto:info@emc4me.com).
- C. I understand that in the event of a life-threatening medical condition, I should always call 911 or proceed to the nearest emergency department. I also understand that the costs of urgent care services not rendered by Evolve is not included in Evolve's monthly membership fees or otherwise.
- D. I understand that Practitioners are available for telephone consultations in the event of an urgent medical matter, but I will call 911 or proceed to the nearest emergency department if immediate medical attention and/or treatment is required.

**Evolve Member:**

**Patient Name:** \_\_\_\_\_  
*(Please Print)*

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Evolve Direct Primary Care:**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
Michael R. Freedman, MD

**If the Patient is a minor**, the Patient's parent or legal guardian must sign below indicating the parent or guardian's acceptance of the above terms and agreement to pay the Membership Fee on behalf of the Patient:

**Name of Parent/Guardian:** \_\_\_\_\_  
*(Please Print)*

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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### ATTACHMENT A

#### Services Included Under Membership



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### Covered Services

Included Services	Member Price	National Price	You Save
Annual Physical	Free	\$353	\$353
Annual PAP†	Free	\$344	\$344
Physical Labs	Free	\$425	\$425
EKGs	Free	\$108	\$108
Urine Analysis	Free	\$60	\$60
Strep Tests	Free	\$62	\$62
Injections	Free	\$35	\$35
Flu Shots	Free	\$50	\$50
Pregnancy Tests	Free	\$40	\$40
Nebulizers	Free	\$70	\$70
Blood Draws	Free	\$57	\$57
PT/INR	Free	\$28	\$28
Ear Cleaning	Free	\$254	\$254
Breathing Tests	Free	\$180	\$180
Antibiotics*	Free	\$60	\$60
School Physicals	Free	\$125	\$125
Travel Consult	Free	\$119	\$119
Covid Testing†	Free	\$145	\$145

\* See covered list.  
† Lab costs may apply.

**Save up to \$2,627 per year or more**

Fast. Simple. Affordable.

\*National pricing according to Healthcare Bluebook, CMS.gov, MDSave.com and Guru.com.

Please note: Evolve makes every effort to minimize lab costs for our members! Covid PCR lab billing is done by the lab processing your sample and not within our ability to control this cost.

Our members cost for lab processing of PAP smears is also steeply discounted. Pap alone is \$30 for our members (average national price is \$88) and PAP with HPV is \$87 for our members (average national price is \$129).

Women's health can be very expensive if paying out-of-pocket. In addition to the fee for the lab (PAP+HPV=\$129), you can expect to pay \$65 to \$125 for the visit PLUS \$90 to \$360 for the Pelvic Exam.



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Annual physical labs covered include the following screening labs once per year:

- CBC (complete blood count)
- CMP (comprehensive metabolic panel)
- Lipid analysis
- TSH/T4 (thyroid stimulating hormone and thyroid hormone)
- PSA (Prostate Specific Antigen) for men only

### Discounted Services Under Membership

**Discounted Services**

Discounted Services	Member Price	National Price	You Save
Sutures	\$50	\$635	\$585
Skin Biopsy	\$50	\$541	\$491
Drain/Inject Joint	\$50	\$315	\$265
Drain Abscess	\$50	\$611	\$561
Wart Removal	\$50	\$450	\$400
Rapid Flu Test	\$15	\$124	\$109
Pre-Operative Eval	\$25	\$450	\$425
Skin Tag Removal	\$25	\$209	\$184
Cryo Skin Cancer	\$25	\$400	\$375
Anoscopy	\$25	\$278	\$253
Hemorrhoid Drain	\$50	\$579	\$549
Routine Visits	\$25	\$190	\$165
Urgent Care Visit	\$25	\$250	\$225

**Save up to \$4,000 per year or more**

Fast. Simple. Affordable.

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*Evolve makes every effort to provide any additional services at a highly discounted rate compared with other doctor's offices, which we hope will minimize your out-of-pocket spending.*

**Special Lab Pricing**

Annual Physical Exam (limit to once per year)	National Price	Member Price
Complete Blood Count	\$63	Free
Complete Metab Panel	\$57	Free
Lipid Panel	\$108	Free
Prostate (PSA)	\$150	Free
Thyroid (TSH-T4)	\$240	Free
<b>\$618 Value</b>		

  

On-Site Rapid Tests (No limits)	National Price	Member Price
Rapid Flu	\$150	Free
Rapid Strep	\$75	Free
Rapid Covid	\$20	Free
Rapid Mono	\$22	Free
Rapid HCG (pregnancy)	\$316	Free
Urine Analysis	\$60	Free
Urine Drug Screen	\$197	\$15
<b>Save \$840+</b>		

Fast. Easy. Smarter.

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### On-Site Medications

The following medications are available on-site and based on availability, will be provided to you at the time of your visit.

**Medications On-Site**

Medication	Member Price	Detail Price	Save
Augmentin 875-125mg (7 day)	Free	\$43	\$43
Augmentin 875-125mg (10 day)	Free	\$61	\$61
Azithromycin #6	Free	\$30	\$30
Bactroban Ointment 22gm	Free	\$39	\$39
Cefdinir 300mg (7 day)	Free	\$47	\$47
Cefdinir 300mg (10 day)	\$10	\$67	\$57
Cephalexin 500mg (10 day)	Free	\$28	\$28
Cephalexin 500mg (7 day)	Free	\$19	\$19
Cipro 250mg (7 day)	Free	\$34	\$34
Cipro 250mg (14 day)	Free	\$66	\$66
Cipro 250mg (3 day LTI)	Free	\$15	\$15
Cipro 500mg (7 day)	Free	\$58	\$58
Clindamycin 300mg (7 day)	Free	\$56	\$56
Clindamycin 300mg (10 day)	\$10	\$79	\$69
Doxy 100mg (10 day)	Free	\$74	\$74
Doxy 100mg (7 day)	Free	\$52	\$52
Doxy 100mg (14 day)	Free	\$12	\$12
Doxy 100mg (14 day)	Free	\$102	\$102
Fluconazole 150mg (1 dose)	Free	\$17	\$17
Levofloxacin Tabs 300mg (7 day)	Free	\$69	\$69
Macrodantin 100mg (7 day)	\$10	\$41	\$31
Macrodantin 100mg (3 day)	Free	\$23	\$23
Neomycin/Polymyx B (ear infection)	\$40	\$86	\$56
Metronidazole 500mg (8V)	Free	\$25	\$25
Prednisone 20mg (Dose pack)	Free	\$12	\$12
Lotionize fungal cream	Free	\$40	\$40
Ketoconazole fungal cream 2%	Free	\$10	\$10
Triamcinolone 0.1% steroid cream	Free	\$15	\$15
Zofran 8mg anti-nausea	Free	\$155	\$155
Tamiflu 75mg	\$20	\$135	\$115

**Save up to \$1,525 or more.**

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## ATTACHMENT B

### **MEDICARE OPT-OUT AND LIST OF PRACTITIONERS**

I AGREE, UNDERSTAND AND EXPRESSLY ACKNOWLEDGE THE FOLLOWING:

- The Practitioners listed below (the “Practitioners”) have all opted out of the Medicare program effective on dates indicated after their names for a period of at least two years.
- Neither Evolve nor any Practitioner is involuntarily excluded from participating in Medicare Part B under Sections 1128, 1156, or 1892 or any other section of the Social Security Act.
- I accept full responsibility for payment of Evolve’s and Practitioners’ charges for all items and services furnished to me by Evolve.
- Medicare fee limitations do not apply to what Evolve and the Practitioners may charge for the items or services they provide to me.
- I will not submit a claim (or request that Evolve or any Practitioner submit a claim) to the Medicare program for payment for any items or services provided to me by Evolve or any Practitioner, even if the items or services are covered by Medicare Part B.
- Neither Evolve nor any Practitioner will submit a Medicare claim for items or services they furnish to me, and no Medicare reimbursement will be provided for such items or services.
- Medicare payment will not be made for any items or services provided to me by Evolve or any Practitioner even if those items or services would have otherwise been covered by Medicare if I had not signed this Patient Agreement and this Attachment B, and a proper Medicare claim had been submitted.
- I enter into this Patient Agreement with the knowledge that I have the right to obtain Medicare-covered items and services from physicians and practitioners who have not opted out of Medicare, and that I am not compelled to enter into private contracts that apply to other Medicare-covered items and services furnished by other physicians or practitioners who have not opted out of Medicare.
- Medigap plans do not provide payment or reimbursement for items and services (such as any Services provided to me by Evolve or the Practitioners) not paid for by Medicare, and other supplemental plans may likewise deny payment or reimbursement for such items and services.
- I am not currently in an emergency or urgent health care situation, and do not currently require emergency care or urgent health care services.
- A copy of this Patient Agreement with this Attachment B has been provided to me.

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Member Name:

\_\_\_\_\_

*(Please Print)*

Member Signature:

\_\_\_\_\_

Date: \_\_\_\_\_

**PRACTIONER NAME**

**SERVICES**

**OPT-OUT DATE**

Michael Freedman, M.D.

Primary Care

July 1, 2014

Loren Nedelman, DNP

Primary Care

July 1, 2022

Kerri Jones, CRNP

Primary Care

January 1, 2022

Kevin Barnes, CRNP

Primary Care

January 1, 2022